

Health Awareness Calendar for 2008

Please take the time to access these websites to learn more about how to take better control of your health. If you have questions about any of the information please call Health Services at 410-778-7261

January 2008

Cervical Health Awareness Month

<http://www.cancer.org>

<http://www.cancer.gov>

February 2008

National Condom Week - Feb. 24-March 1

<http://www.ashstd.org>

March 2008

National Eating Disorders Awareness Week – Feb. 24-March 1

<http://www.nationaleatingdisorders.org>

National Inhalant and Poison Awareness Week – March 16-22

<http://www.inhalants.org>

April 2008

Alcohol Awareness Month

<http://niaaa.nih.gov/>

<http://alcoholism.about.com/>

STD Awareness Month

<http://cdc.gov/STD/>

<http://std-info.com/>

Sexual Assault Awareness Month Day of Action – April 3

http://athealth.com/Practitioner/ceduc/alc_assault

<http://.4women.gov/faq/sexualassault.htm>

May 2008

Melanoma/Skin Cancer Detection and Prevention Month

<http://skincancer.org/>

<http://.cancer.gov/cancertopics/types/skin>

May 2008

Mental Health Month

<http://mentalhealthamerica.net>

June 2008

Fireworks Safety Month – June 1- July 4

<http://preventblindness.org>

National Men's Health Week – June 9-15

<http://menshealthweek.org>

July 2008

UV Safety Month

<http://housing.k-state.edu/dining/FitCourse/toyourhealth/07-UVsafetymonth.html>

August 2008

National Immunization Awareness Month

<http://cdc.gov/vaccines>

September 2008

America On the Move's September Campaign

<http://americaonthemove.org>

<http://pedometer.americaonthemove.org/LearnMore.asp>

October 2008

National Domestic Violence Awareness Month

<http://ndvh.org>

<http://nlm.nih.gov/medlineplus/domesticviolence.html>

National Breast Cancer Awareness Month

<http://.nbcam.org>

November 2008

Great American Smokeout

<http://cancer.org>

December 2008

World AIDS Day – Dec.1

<http://unaids.org/en/default.asp>

National Handwashing Awareness Week

<http://cdc.gov/cleanhands>

<http://healthlink.mcw.edu/article/955074416.html>